



Be Above Worldwide Institute

Pregnant Women and Expectant Families Program in Queens

Pregnancy is a special period in a woman and her family's life, which can have very important impacts on the family's well-being as well as the children's learning, development, and future school success.

Be Above facilitates the ability of enrolled pregnant women and expectant families in accessing:

- Ongoing health care and health insurance, as appropriate.
- Be Above facilitates the ability of all enrolled pregnant women to access comprehensive services that, include but are not limited to, nutritional counseling, food assistance, oral health care, mental health services, substance abuse prevention and treatment, and emergency shelter or transitional housing in cases of domestic violence.

Services can be delivered by the agency or via referrals. Through the family partnership process the agency ensures individualized services for each family.

Be Above also provides enrolled pregnant women, fathers, and partners or other relevant family members the following services:

- Prenatal and postpartum education
- Fetal development
- Nutritional Counseling
- The risks of alcohol, drugs, and smoking
- Labor and delivery
- Postpartum recovery
- Parental depression
- Infant care and safe sleep practices
- The benefits of breastfeeding
- A newborn visit with each mother and baby to offer support and identify family needs. This visit is schedule within two weeks after the birth of the child.

In addition, Be Above addresses the needs for appropriate supports for emotional well-being, nurturing and responsive caregiving, and father engagement during pregnancy and early childhood.

For more information you can visit: <https://www.babove.com/>

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